Faculty Club at the Cohen House

Week of: 10/21/19

Chef Ahmed
# Lunch Menu

## Monday
- Chicken Alfredo
- Spaghetti Noodle
- Sautéed Green Beans With Onion
- Black-eyed Pea Stew
- Marinara Sauce
- Carved Brisket with Au Jus
- Ginger Curried Lentils Soup

## Tuesday
- Rosemary Roasted Chicken
- Spanish Rice
- Mixed Vegetables
- Grilled Polenta with Sauteed Kale and Goat Cheese
- Roasted Potatoes
- Carved Beef Inside Round with Au Jus
- Mexican Noodle Soup

## Wednesday
- Shrimp Creole
- Spanish Rice
- Steamed Basmati Rice
- Mixed Vegetables
- Steak Fries
- Vegetable Cheese Quiche
- Carved Flank Steak
- Beef and Vegetable Orzo Soup

## Thursday
- Beef Okra Stew
- Saffron Rice
- Roasted Vegetables
- Fried Local Tofu With Teriyaki Glaze
- Penne Pasta with Sun-dried Tomato Pesto Cheese
- Carved Pork Loin with Apple Dijon Sauce
- White Bean Fennel Soup

## Friday
- Fried Shrimp Po'boys With Tartar Sauce
- Sweet Potatoes Fries
- Steamed Asparagus
- Mushroom Risotto
- Cheese Ravioli With Tomato Basil Sauce
- Carved Brisket With Au Jus
- Cohen House Seafood Gumbo

## Saturday
- FRIED SHRIMP PO'BOYS WITH TARTAR SAUCE
- Sweet Potatoes Fries
- Steamed Asparagus
- Mushroom Risotto
- Cheese Ravioli With Tomato Basil Sauce
- Carved Brisket With Au Jus
- Cohen House Seafood Gumbo

## Sunday
- Shrimp Creole
- Spanish Rice
- Steamed Basmati Rice
- Mixed Vegetables
- Steak Fries
- Vegetable Cheese Quiche
- Carved Flank Steak
- Beef and Vegetable Orzo Soup

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts